



ARCA's mission is working together to open doors for people with intellectual and developmental disabilities to be valued members of the community.

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SAVE THE DATE!

DON'T MISS THESE ARCA EVENTS!

SATURDAY, OCTOBER 21ST Annual ARCA Day at the Zoo

Our Annual ARCA Day at the Zoo is **Saturday, October 21st, 9:00 a.m. – 2:00 p.m.** ARCA's Leadership Team will be at the front entrance to greet you and distribute tickets. There is no cost to attend, but **please email Mindy at Mallison@ARCASpirit.org to let us know you're coming.** Special thanks to the City of Albuquerque and the ARCA Foundation for supporting this event!



SATURDAY, NOVEMBER 18TH ARCA's Annual Poinsettia Sale

Join us **Saturday, November 18th, 9:00 – 11:00 a.m.** for our annual Poinsettia sale at 181 E. La Entrada Lane in Corrales! We've added new varieties, so don't miss out on this opportunity to tour our greenhouses, visit with friends and neighbors, enjoy spectacular snacks from City Treats and experience the charm and beauty of 7,000 poinsettias grown with love by our amazing gardeners! Please RSVP to Michele at MCody@ARCASpirit.org, and don't forget your camera!



ANNUAL MEETING

ARCA is a Membership Organization as defined by its Articles of Incorporation.

ARCA's Annual Meeting will be held **Wednesday, Nov. 1, 11:00 a.m. at 11300 Lomas Blvd., NE.** ARCA CEO Edward J. Kaul and Board President Matthew Maes will present updates on the agency. Board elections will be held. The Board of Directors' Nominating Committee is pleased to present the following nominees for a three-year term of service. Joan Campbell and Jim Culpepper currently serve on the Board and are being recommended for an additional term. Jim Saya, Bob Reed and Toni Benton are first time Board nominees.

Jim Saya is the Executive Director of Lewis University and currently serves on the ARCA Foundation.

Dr. Toni Benton is the PI/Medical Director-Transdisciplinary Evaluation and Support Clinic (TEASC), Professor -UNM HSC SOM Dept. of Family and Community Medicine.

Bob Reed has participated in ARCA Independent Living Services for over 35 years and is a member of the ARCA Community Services Advisory Council.

All members are invited to attend. Please RSVP to Mindy at Mallison@ARCASpirit.org no later than October 25.



60th Anniversary

Outlook

Volume III • 2017
www.ARCAOpeningDoors.org

Opening Doors for individuals with intellectual and developmental disabilities since 1957.

Secret Ingredients


The dream of our founding families was to create opportunities for people with intellectual and developmental disabilities (IDD) to live a meaningful life. These heedful visionaries organized a small, volunteer based social and recreational service operation that quickly evolved into a community-based Child Study Center, preschool and adult recreation programs.

Today we experience unimaginable opportunity. Pi Kappa Phi Fraternity's *Journey of Hope* visit to ARCA has become a beloved tradition. Visiting with this team of 40 young men bicycling cross country in support of people with IDD is a clear indicator of the fine leadership preparing to take tomorrow's reins. Our Prader-Willi Syndrome project is helping little ones start the school year feeling confident in their environment. Our sunflower field took the shape of a labyrinth this summer, thanks to the help of Corrales elementary school students. Our ARCA Buddies Civitan Club is flourishing and our Special Olympians are shining.

Our 60th Anniversary celebration left me with memories I will carry close to my heart. Over 150 of our Circle of Promise members and close community partners honored ARCA's decades long journey by sharing their personal recollections and hopes for our future. The joy of ARCA filled the room and the secret ingredients to a meaningful life were clear – staff, family

and friends who, through hard work, vision, dedication, compassion and love make magic possible.

Throughout our rich history we met goals only to discover there were even bigger dreams to realize. You have been by our side every step of the way. You continue to provide guidance, support, dreams and solutions to challenges that sometimes appear insurmountable. You never stop envisioning a future where people with IDD will find a world filled with possibilities. You are our family, friends and neighbors. You are our community and we are grateful.


Edward J. Kaul
President/CEO, ARCA



A Tradition of Hope

One of our summer highlights is sharing a meal with 40 members of the South Route Team of Pi Kappa Phi's *Journey of Hope*. This annual program includes four teams bicycling different routes across the country, all leading to Washington, D. C. to advocate for people with disabilities. Along the way they visit with providers, families and individuals; making new friends and garnering experiences they will carry for a lifetime.

The Ability Experience was founded by members of Pi Kappa Phi in 1977 with the mission of using shared experiences to support people with disabilities and develop the men of Pi Kappa Phi into servant leaders. Their annual program, The Journey of Hope, was founded in 1987 and today covers 32 states with Pi Kappa Phi members cycling over 12,000 miles combined.

ARCA's InterCare Director, Vince Smith, fired up the grills while Sandia View staff created a bounty of beautiful salads and sides. Everyone delighted in the sharing of stories, wonderful food and the brief New Mexico thunderstorm that added a bit of drama to our gathering. Special thanks to Joey Smith, *Journey of Hope* Project Manager, for his stellar leadership.

These engaging young men are an inspiration. For more information about The Ability Experience, visit their website at www.abilityexperience.org.





Legacy This spring we lost our beloved Herman Mauney. Herman served in various leadership roles throughout the ARCA Foundation for over a decade. His service was centered on faith, family and very hard work.

Several years ago, Herman gave his family the gift of a book sharing his philosophy for a life well led. His words are a gift to us all:

"The things I have tried to teach my children and grandchildren are to contribute to people in need and to share time and effort. I thought it was important to teach these values, because they have been helpful to me in living my life."

"My community work has been rewarding beyond measure. I am blessed to have been surrounded throughout my life with loving family and friends. It is my hope the seeds I have tried to plant will grow and bear much fruit."

Herman's legacy lives on and the fruits of his labor continue to nourish all who knew him.

A Gift of Adventure!

Adults in ARCA's Independent Living program are always jazzed about exploring our community. When ARCA Foundation Board member Noel Behne donated a certificate for a Best of Albuquerque Trolley Tour, we made a day of it! What a surprise it was to see our City through the eyes of our guides. They were amazing, combining their vast knowledge with pre-recorded audio and video clips, funny stories and personal experiences. **Thank you, Noel, and thank you Albuquerque Tourism & Sightseeing Factory, for a great day!**



Summer Fun!

Lots of planning and preparation went into our Summer Dance, with visions of our outdoor courtyard being transformed by live music and dancing. When the sound of thunder was followed by one of the heaviest downpours in Albuquerque this year, not a single spirit was dampened! The party moved inside and the smiles were non-stop.

Special thanks to Faylene Wytewa-Alire for her creative coordination and problem solving, Heather Driscoll for her amazing cupcakes and the Chuck Hawley Band for keeping everyone rocking!

When Sandy Orne began working with the ARCA Apple Mountain Camp Committee 18 years ago she was an ARCA employee. After leaving her role at ARCA to work in public schools, she continued to join the ARCA camp staff every summer. She worked on the Camp Committee and as a camp coordinator, bringing humor to challenging situations and making each day memorable. **Thank you Sandy for your years of work at camp and at this year's Summer Dance!**



Hurrah for Our Olympians!

By Richanne Cunningham, MSN, RN, CDDN, NSC/QIDP

The Los Amigos Swim, Softball and Golf Teams headed to Farmington in late August to compete in the Special Olympics New Mexico Four Corners Invitational. On August 25, the golfers teed off at three different golf courses in the Farmington Area and they all brought back medals! On August 26, the softball team played a hard couple of games and won a bronze medal! The Swim team won many gold and silver medals. Way to go Phillip and Rolley Longley, David Jones, Mark Diener, Diego Chavez, Mike Dushi, Deena Gurule, Lori Harkins, Daniel Vaisa, Paul Anaya, Chris Hamilton, Ian Harrison, Kenny Rodriguez, Drake Russell, Angie Valdez, Steve Harris, Virginia Gutierrez, Dede Montano, Diana Twiss, Delbert Sandoval, James Delgado and Sam Smith. After the competition, athletes put on their best dancing shoes and celebrated at the Victory Dance. Los Amigo Olympians are awesome!



A big **thank you** to all our coaches, families and ARCA staff for all their hard work in making this competition so great for the athletes!

The Prader-Willi Syndrome Project for New Mexico

The beginning of a new school year is a busy time for ARCA's Prader-Willi Syndrome (PWS) Project. Every year, from August into October, trainings are scheduled and completed for 22 New Mexico schools attended by a student with PWS. The trainings are for every staff member who interacts with the student -- from teacher to principal, nurse to bus driver -- providing the awareness and tools needed to successfully support the student with PWS.

The habits and supports instilled in a young person with PWS are critical for a long and healthy life. Knowing their school community has been educated and trained in a way that supports them makes them feel safe and more able to engage in learning. Individual plans are created for each student, including meal plans and menus, to make sure everyone involved in the student's well-being is on the same page.

Jenna is a wonderful example of how these supports help people achieve their goals. Jenna's family and community work together to create a safe environment for her. This gives her space to explore and enjoy her interests. Jenna's talent as an artist was recently recognized when she received the first place ribbon at the New Mexico State Fair for her beautiful piece featuring sunflowers painted in warm tones. We are proud of Jenna and her supportive community for this great accomplishment!



Celebrating 60 Years



60th Anniversary



BANK OF THE WEST
BNP PARIBAS

It was a priceless gift to gather alongside 150 of our Circle of Promise members and key community partners to honor our journey and share our dreams at ARCA's 60th Anniversary celebration.

Bank of the West sponsored our gorgeous Balloon Museum venue and the delicious brunch buffet was provided by City Treats Catering. The Maez Group brought along their hot air balloon and we all enjoyed tethered rides! The enchanting vistas of a perfect September morning – well, that was a gift, too.

Jim Stromberg recalled life before comprehensive services were available for his sister, Marcella. In our early years, ARCA was a parent run organization and Jim described his mom's relentless, grass root advocacy for community based supports. Dr. Javier Aceves described years of work weaving together critical medical protocols, education and community supports to improve the expectation of care for people with intellectual and developmental disabilities. Today, other countries are replicating our model.

Judy Greenfeld and Pat Kominiak shared their personal journeys championing change and the successes their sons have realized. Mary Beth Yates provided a window into the world of her cousin, Priscilla, and the happiness she has found as she and her love, Jerry, enjoy their lives together.

ARCA's CEO, Ed Kaul, reflected on his 35-year career at ARCA; the profound change he has seen as a result of dedicated staff and our focus on quality initiatives. Charles Brescia described his 19-

year career as a direct support professional and the extraordinary outcomes and rich experiences he has shared with individuals in his care. Jeannie Patrick and Rolley Longley shared memories of being part of the ARCA family for decades and their important roles as members of our Boards of Directors.

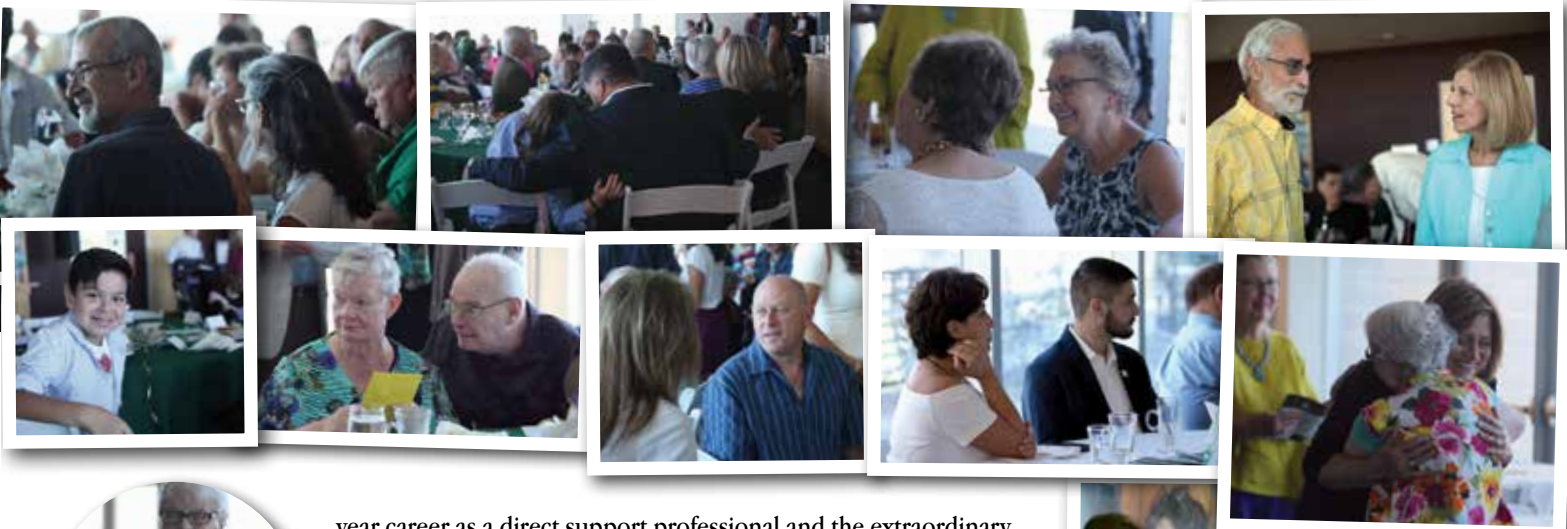
Chris Keller and Duffy Swan gave us a glimpse into their pride in being Kiersten's Dad and Grandfather, her accomplishments and their hopes for her future. Anne Ogden shared the power of love in welcoming little ones into their family as ARCA foster and adoptive parents these past 35 years. Anne reflected on the everyday miracles she embraces for her children, regardless of their level of care or anticipated life expectancy.

Dr. John Stichman shared his introduction to ARCA and the transformational journey he and his wife, Kris, have experienced with ARCA. He explained their commitment to support ARCA's mission now and, through their planned gift, for as long as the need exists. Maureen and Mike Gannon described the impact ARCA has had on their lives and their reasons for choosing to support current and future generations of children and adults served by ARCA.

For two hours, we held tight to the people whose vision, resolve and hard work made yesterday's dreams a reality. We listened closely to our young leaders, whose dreams and determination will create a strong future filled with opportunities.

Elaine Solimon

Elaine Solimon • Community Relations Director
505-480-4321 • esolimon@arcaspirit.org



*Happy Birthday, ARCA.
We can't wait to see what the next 60 years will bring!*

Shout Out to Rolley!



Rolley is a busy guy. He is a member of the ARCA Foundation Board, a volunteer at Lucky Paws Pet Adoption, an assistant coach at West Mesa High School and more. He puts his heart and strong work ethic into each and every endeavor he undertakes.

Rolley was recently recognized with an Employee of the Month award at Dave & Busters, where he has worked for a year.

Congratulations, Rolley -- we are proud of you!

4th of July party

Our Fourth of July party, held at our Corrales farm, was full of great food, spirit and song. With live music performed by the talented Chuck Hawley Band, smiles shined bright and dancers were grooving!



Happy Birthday, Charles!

Charles Johnson celebrated his 80th birthday this summer with family and friends. Charles is a role model for enjoying a healthy lifestyle and rides his bike everywhere! He invited friends from childhood, his church, ARCA and his neighbors. After blowing out the candles on his cake, Charles gave a beautiful speech thanking his friends for all they do to enrich his life. Happy Birthday, Charles!



ABC Civitans, We Thank You!

For decades, individuals receiving ARCA services, families and staff have enjoyed our annual Albuquerque Breakfast Club (ABC) Civitans picnic. Due to a lack of funding, our friends from ABC Civitans have let us know they will not be able to host the picnic in 2018.



We'll miss this festive feast, but look forward to spending time together celebrating poinsettias and at Zoo Day. Thank you, ABC Civitan, for holding ARCA in your heart.

HR Corner

ARCA's Human Resources Dept. has been working hard to improve the application process for new hires. Recruiting new employees can be very time consuming, from making the most up-to-date job information accessible for potential employees through completing and processing all the paperwork.

HR has created a one-stop site, where potential staff can review the latest job openings and begin the application process.

Download a QR reader to your smart phone and scan the image above to access our new job/application site or visit goo.gl/dGMWuu. Spread the word -- ARCA is hiring!



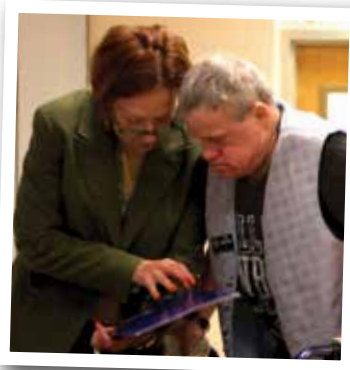
New Friends

Global Ties ABQ connects emerging leaders from around the world with New Mexicans. This professional exchange program, sponsored and funded by the U.S. State Department, offers international leaders a platform for sharing ideas. We were thrilled to welcome entrepreneurs from Mauritius to share the benefits of hiring individuals with IDD. Crucita Powell provided details about ARCA's Supported Employment program and Erica Salas discussed our janitorial business. Lots of questions and great discussion fostered lifelong friendships.



ARCA Buddies

ARCA Buddies Civitan Club has gone through big changes in the past few months! Carol Kline, whose inspiring and dedicated leadership guided our club for many years, retired this summer. At the same time, ARCA Buddies relocated to a new home while the North Valley Senior Center undergoes renovations. Carol passed the leadership torch to co-leaders Deborah Lucas, LMSW, and Luisa Gutierrez. The new location for this civic-minded group is 11200 Lomas Blvd, NE.



Carol Kline's creative and supportive energy has been a gift to ARCA Buddies Civitan Club and we are grateful for her outstanding service and vision. A huge thanks to Carol, Deborah and Luisa for helping this club thrive!

ARCA Buddies is currently working with the Veterans Integration Centers on the "Stand Down" project; putting together toiletry bags for veterans and non-veterans who are homeless. Club members created over 700 bags last year and are planning to do the same this year. Please contact us if you have items or would like to volunteer your time to help us reach our goal!

ARCA Buddies Civitan Club meets once a month and is always looking for interesting speakers and new members. If you would like to learn more, please contact Deborah Lucas at delucas@arcaspirit.org or call 332-6823.

Sunflower Labyrinth

The students from Corrales Elementary and Cottonwood Montessori schools joined us at Gonzales Field in Corrales to plant sunflower seeds this past Spring. These tiny seeds grew into a beautiful recreation of the Labyrinth of Chartres Cathedral in France.

This Labyrinth became a place to experience moving meditation and attracted birds, who feasted on the seeds of the sunflowers. At night, coyotes traveled through the flowers creating detours through the man made path, making the labyrinth a collaborative effort!



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