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*"Happiness cannot be traveled to, owned, earned, worn or consumed. Happiness is living every minute with love, grace, and gratitude." — Denis Waitley*

COVID continues to be the headline and we're focused on the health and safety of people we serve, our staff and our community. Happiness, however, remains the core of who we are. FRENCH has provided opportunities for individuals to engage in our community with lots of Lobo tickets! Duffy Swan stopped by the other day with two floor seats for a Lady Lobos game. Kenny and Steve were so excited they insisted on leaving at 3:30pm even though game time wasn't until 7:00pm! ARCA Day at the Zoo was a perfect opportunity to spend time together enjoying the grandeur of autumn in Albuquerque. Our poinsettia celebration was very different this year, but an absolute blast. It was a perfect day to spend outdoors with dear friends and neighbors enjoying poinsettias and one another. ARCA Janitorial picked up seven new contracts and our associate employees are thrilled to be back at work.

Thanks to the generosity of City Treats Catering, we celebrated Thanksgiving with a "drive-through" feast for 450 staff and individuals receiving services. Each meal was individually boxed and perfectly prepared. With the holidays right around the corner, the East Stake of The Church of Christ of Latter Day Saints, Intel, Anesthesia Associates and ARCA Foundation Board President Anne Knutzen reached out to employees and friends and collected a bounty of holiday gifts for individuals receiving ARCA services who have no family.

While still experiencing critical staffing shortages, I am grateful for the hard work and dedicated service of our essential ARCA team, covering countless shifts to ensure the health, safety and happiness of people in our care with dignity and compassion.

While this is not sustainable, I have great hope our legislature will finally decide it is time to pay our highly skilled workforce a living wage.

As always, I am grateful for your belief in the work we do and the people we serve. You create opportunities for meaningful lives, the greatest blessing any of us can hope to receive.

I wish you joyful holidays and a new year blessed by opportunity.




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## Poinsettia Celebration

With so much uncertainty this past year we were only able to grow a small crop of poinsettias, but they lit up the garden when we were able to welcome friends and

neighbors back to the farm. It was an absolute pleasure to spend time together, so much that we didn't take many photos! The memories will sure last, though.

# Thank You

Your generous support creates opportunities for children and adults served by ARCA to realize their dreams. We are grateful.

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## Circle of Promise Member

Every effort has been made to compile a complete and accurate list of donors from 11/1/20–11/15/21. If your name was omitted or misspelled please accept our deepest apology.



# Circle of Promise

While our unseasonably warm weather feels like spring, the calendar tells us 2021 is quickly coming to a close.

This year I am especially grateful for our Circle of Promise members whose gifts ensure ARCA's ability to provide services for individuals with intellectual, developmental and cognitive disabilities for as long as there is a need.

It was so nice to have the opportunity to thank many of you in person at our Poinsettia Celebration.

The holiday season is a time of gratitude, joy, reflection and resolution. As we plan for the year to come, I hope you will consider the many opportunities available to include a legacy gift to ARCA in your estate planning.

*With a hopeful heart, I wish you a happy, healthy holiday season.*

*Nadine Mary*

Nadine Mary • ARCA Endowment & Pooled Trust Coordinator  
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## Sowing Inspiration, One Stitch at a Time

Camylle is in third grade — and enjoys math, art, creative writing and is very active on the swim team. Since Camylle got a sewing machine for Christmas last year, her grandmother has been teaching her to sew. She made a baby blanket for Ronald McDonald Charities and a lap quilt for a Veterans organization.

Camylle and her mom Kenedi visited recently to bring us three lap quilts — each one made with skill and love by young Camylle and her grandmother. When we asked Camylle why she enjoys sharing her talents with others, she explained, “It’s nice to do things for people who can’t do them alone. Whether or not someone has money, it means a lot to give them a present you made.”

We think Camylle is wise beyond her years.



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ARCA's mission is working together to open doors for individuals with intellectual, developmental and cognitive disabilities to be valued members of the community.


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**Please consider adding the ARCA Foundation to your will or estate plan.  
Contact Nadine Mary at (505) 332-6805**



## ARCA's Annual Meeting

ARCA's Annual Meeting was held on Nov. 3rd, 2021. Ed Kaul, CEO, presented a recap of the year's events. Adam Thompson was elected for a second, three-year term and Barbara Lewis for her third, three-year term.

In 2014, the ARCA Board began formally recognizing distinguished leaders within our ARCA family who embody core attributes of our organizational culture. At the 2021 Annual Meeting, Chris, Julie, Kiersten and Joshua Keller were honored as a family who individually and collectively represent the qualities embedded in this recognition.

The Kellers joined ARCA's journey in 2009 and Chris has served on the ARCA Foundation Board as well as numerous committees and task forces. As a family, they work together to help our community better understand the gifts and opportunities offered by children and adults with developmental disabilities by embracing the joy of life well lived. This is a lesson they live, and teach, every day.



*Denise L'Esperance stopped by to bring ARCA a gift from Bank of Albuquerque. What a lovely way to start the holiday season!*



*With the help of City Treats Catering, ARCA gave thanks by distributing 450 holidays meals to staff and individuals receiving services.*