



ARCA's mission is working together to open doors for individuals with intellectual, developmental and cognitive disabilities to be valued members of the community.

11300 Lomas Blvd. NE • Albuquerque, NM 87112
Tel: (505) 332-6700 | Fax: (505) 332-6800
www.ARCASOpeningDoors.org

Non-Profit
Organization
U. S. Postage
PAID
Albuquerque, NM
Permit No. 100

ADDRESS SERVICE REQUESTED



Outlook

Volume II
2023

Opening Doors for individuals with intellectual, developmental and cognitive disabilities since 1957. | ARCAOpeningDoors.org

A funny thing happened during the Bowl-a-Thon.

For five hours, I revisited life before COVID. I savored being back at the bowling center with friends, families, individuals and community partners gathered together to just have fun.

I never once thought of anything outside of the moment. I visited with people, some I haven't seen in years, about everyday things like gardening, kiddos and new restaurants. I even bowled! I wasn't very good - truth be told I placed four gutter balls - but I sure laughed a lot with my team mates from Affordable Solar.

This issue of Outlook is dedicated to the Spirit of ARCA. While we have profound challenges from too many directions, we also have the joy inherent in our culture. With you by our side, we'll continue the hard work of addressing the legislative, societal and fiscal issues of our times, but we'll also delight in the extraordinary successes of our staff, individuals we serve, our families and you.



We'll cherish the gift of being together.

Edward J. Kaul
(505) 332-6825 • EKaul@ARCASpirit.org

Art Show

Stefani Mangrum, owner of City Treats Parties, has been a beloved member of our ARCA family for over 15 years. If our celebrations include delicious home-made food, we call Stef.



For years we've talked about exhibiting the work of ARCA artists at her restaurant, La Fonda del Bosque at the National Hispanic Cultural Center. We decided we'd talked long enough, and set the date for the ARCA Artists Exhibit Opening Night Reception for July 21, 2023! The exhibit will run for six weeks.

Individuals receiving services, families, staff and community partners have been bringing in their work and it's everything we hoped for - beautiful, diverse and thought provoking!

Date: Friday, July 21, 2023
Time: 5:30 - 7:30
Location: National Hispanic Cultural Center's
La Fonda del Bosque
1701 4th Street SW, Albuquerque, NM 87102

We hope you'll join us on the 21st and visit often during the exhibit to enjoy the art and purchase your favorite pieces!

FOLLOW US!

[instagram.com/arcaopeningdoors](https://www.instagram.com/arcaopeningdoors)

[facebook.com/arcaopeningdoors](https://www.facebook.com/arcaopeningdoors)

Please consider adding the ARCA Foundation to your will or estate plan.
Contact Nadine Mary at (505) 332-6805



Volunteers Helping at the Farm

A very special thank you to Keller Williams Realty and Intel for their amazing work helping us catch up on chores at the farm!

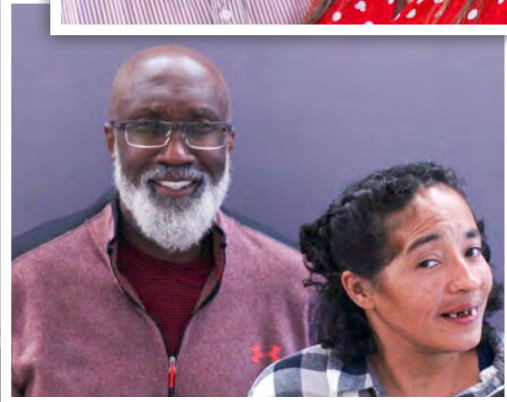


StoryCorps

We loved partnering with StoryCorps during their recent trip through Albuquerque. StoryCorps believes everyone has an important story to tell and everyone’s story matters. To achieve their mission, they travel around the country with a mobile studio and record conversations between ordinary people – often uncovering extraordinary messages.

While in Albuquerque, they recorded Michael Langford, NeuRoads NM Division Director and Andrea discussing the power of kindness in recovering from a brain injury. Cecile Evola, Supported Living Division Director and Felix reminisced about decades of knowing one another and what it means to be a good friend. Chase Painter and David talked about living with Asperger’s and changing a fear of public speaking into a podcast. Ed Kaul, ARCA President and CEO and Jim Copeland, Executive Director, Association of Developmental Disabilities Community Providers, recalled their decades long careers working with people with intellectual and developmental disabilities, the changes they’ve seen in how people with disabilities are welcomed into, and contribute to, the community and visions for an even brighter future.

If you’d like to hear these and other conversations, visit <https://archive.storycorps.org/search/interviews/>.



Pilot Club of Albuquerque



Nancy Schmierbach and her fellow members of the Pilot Club of Albuquerque (PCA) donated the Scales of Cognitive Ability for Traumatic Brain Injury (SCATBI) to NeuRoads NM. A series of subtests to assess cognitive and linguistic abilities of clients with head injuries, SCATBI helps quantify the severity of the injury and chart progress during all stages of recovery.

In 1921, Pilot International was founded in Macon, Georgia by 40 local business women with the name inspired by the riverboat pilots who represented leadership and guidance.

PCA strives to support caregivers and NeuRoads NM is grateful for their support!



Geranium Celebration
Geraniums and Petunias and Daisies – oh, my! It was the perfect morning for celebrating Spring with friends and family at ARCA’s Corrales Greenhouses. Felt good to grow a full crop of plants for the first time in four years and sell out of baskets by 10:00 a.m. We’re already planning for lots more in 2024!





Bob Scanlon/Steve Mackie Bowl-a-Thon 2023

We had a ball! The day started with a warm welcome from our hosts Bob Scanlon and Steve Mackie. Bob reflected on how he missed seeing the abundance of smiles that bloom when we're together. Mayors on Strike launched with Taos Mayor Pascual Maestas bowling a strike on his first roll and taking home the coveted First Strike Award! The competition winner, Moriarty Mayor Ted Hart, was presented with the George J. Kominiak Leadership Award by the Kominiak family. Rio Rancho Mayor Gregg Hull never ceases to amaze us with his boundless energy and dedicated servant leadership. ARCA Dude was everywhere all at once - he really is our superhero! Orbit didn't bowl, but sure was on a roll when it came to fast tracking giggles. As we were packing up at the end of the day, Bob summarized it best when he said, "It's good to be back."





Data from the 2020 US Census Bureau show an estimated 48% of young adults 18 – 29 were living with their parents during 2022, numbers not seen since the 1940’s! While sharing your home with adult children might come with warm feelings of nostalgia, it can also be financially challenging. You may even find yourself postponing your retirement, rethinking your estate plans and cutting back on charitable giving.

While this “reverse empty nest” scenario will likely be temporary, it might be the perfect time to consider making a planned gift to your favorite charitable organization(s). A planned or legacy gift is a promise to make a charitable contribution in the future. It can often be larger than it might be during the donor’s lifetime, since it is funded from assets rather than cash flow. Legacy gifts can also benefit the donor and their heirs through tax deductions or exemptions.

A planned gift to ARCA means a secure future for individuals with intellectual, developmental and cognitive disabilities.

To include ARCA in your Will or Estate Plan, please use the following language:

“The ARCA Foundation, a nonprofit corporation organized and existing under the laws of the State of New Mexico and with principal business of 11300 Lomas Blvd., NE, Albuquerque, NM 87112”.

Our Tax ID 85-0437970 Date of Incorporation is January 1, 1996

Thank you for all you do to create strong tomorrows for people in ARCA’s care,

Nadine Mary
Nadine Mary • ARCA Endowment & Pooled Trust Coordinator
(505) 313-3514 • NMary@ARCASpirit.org

Del Norte Rotary Club

Very special thanks to the Del Norte Rotary Club Foundation for providing four scholarships for the Certified Brain Injury Specialist (CBIS) training hosted annually by NeuRoads NM.

This crucial training is made available to Bernalillo County residents who interact with or have the potential to interact with survivors of an acquired brain injury (ABI). This training addresses the unique circumstances under which professionals and community members in a range of settings and with varied community roles interact with brain injury survivors.

Studies indicate up to 53% of the homeless population have a brain injury, including more than 700 Bernalillo County residents. While an estimated 2% of the general population is arrested annually, ABI survivors with a 2+ year old brain injury are arrested at a rate of 24%, rising to 31% for survivors with a 5+ year old ABI. When survivors receive rehabilitative support, the arrest rate drops to 7.2%. A 2022 study suggests the number of women who have experienced ABI as a result of domestic violence is more than 11 times greater than the number of ABIs experienced by military personnel and athletes combined.

These scholarships will provide professionals or community members who could benefit from, but do not have the resources to gain access to, this valuable training to recognize an ABI and provide the appropriate resources at early stages of intervention.

Please contact Clarissa Garcia at CLGarcia@NeuRoadsNM.org if you or someone you know could benefit from this training.



Edward J. Kaul, Stephen M. Becker, Ron Eppes, at the June Del Norte Rotary Club Foundation luncheon.

Karaoke Night

“A man should hear a little music, read a little poetry and see a fine picture every day of his life in order that worldly cares may not obliterate the sense of the beautiful.” - Johann Wolfgang von Goethe

When ARCA’s Customer Experience Improvement Team (CEIT) decided to host a Karaoke Party for individuals and staff, Joshua Brooks, Supported Living Service Coordinator, jumped into action! His recruited Karaoke DJ Joshua Swords to play the music and individuals from all service areas came to sing, dance and party!

Musical choices ranged from Engelbert Humperdinck to Twinkle, Twinkle Little Star to Skillet, with everyone sharing their love for music out loud.

Special thanks to Josh and the entire CEIT gang for hosting a fun night!



ARCA Board

Barbara Lewis, CPA
CliftonLarsonAllen
CHAIR

Jennifer Lehman
Community Volunteer
VICE-CHAIR

Pat Kominak
Community Volunteer
SECRETARY

Adam Thompson
Century Bank
TREASURER

Jim Culpepper
Community Volunteer

Joan Campbell
Tonsorial Parlors

Andrea Kinsley, CPA
Presbyterian Health Services

Toni Benton, MD
UNM Hospital

David Mork
Lovelace Rehabilitation Hospital

James J. Saya
Lewis University

Bernadette Miera, MCRP
Retired

Ron O'Dowd
Community Volunteer

Rudy Miera
Community Volunteer

Louisa Ball
Advocate

ARCA Committees

Finance
Barbara Lewis, CPA
Matt Maes, CPA
Jim Culpepper
Adam Thompson
Dorothy Wood
James J. Saya

Human Resource Advisory

Matt Maes, CPA
Phil Mayo
Carol Cochran
Amy Rehfeld
Ron O'Dowd
Bernadette Miera
Andrea Kinsley
David Mork

Joint Board

Jennifer Lehman
Phil Mayo
Joey Sanchez
James J. Saya
Lori Ferraro
Rudy Miera

ARCA Foundation Board

Kris Stichman
Community Volunteer
PRESIDENT

David Sahd
Cedar Marketing Group
VICE-PRESIDENT

Phil Mayo
RBC Wealth Management
TREASURER

Noel Behne
Community Volunteer
ASSISTANT TREASURER

Misty Sanders, SHRM-SCP
French Family of Companies
SECRETARY

Betty Valdez
Bernalillo County Housing
Authority
IMMEDIATE PAST PRESIDENT

Maureen Gannon
PNM

Joey Sanchez
Community Volunteer

E. DeAnn Eaton, CPA
Haverland Carter Lifestyle Group

DeeVonda Batres
Century Bank

Lori Ferraro
Bank of the West

James Stromberg
Sandia National Laboratories

Gary Bertholf
Advocate

ARCA Foundation Committees

Finance

Phil Mayo
Noel Behne
E. DeAnn Eaton, CPA
Tom Mitchell
James J. Saya
Joey Sanchez

Planned Giving Task Force

Nell Graham Sale, CELA
Nancy Baker
Madeline Dunn
S. Carlene Patterson, CFP, ChFC
Maureen Gannon
John Attwood
Robert A. De Pasquale

Pooled-Trusts

Phil Mayo
E. DeAnn Eaton, CPA
Karen Gmyr
Tom Mitchell
Christopher Ortiz
Joey Sanchez