



# Outlook

Volume II  
2024

Opening Doors for individuals with intellectual, developmental and cognitive disabilities since 1957. | [ARCAOpeningDoors.org](http://ARCAOpeningDoors.org)

I recently came across a research study citing gratitude as an energizing force inspiring us to pursue our goals and become better, more socially engaged people. Gratitude is inherent in ARCA's culture, and I have seen it's impact on people we serve, families, staff and me.

Staff are grateful for the compassionate support of peers, welcoming embrace of our community and profound lessons learned from individuals in their care. So many families participated in this year's Bowl-a-Thon. They shared with me their gratitude for the support and opportunities their loved ones have found at ARCA. People served live meaningful lives and openly share how much they appreciate their staff and the adventures at work and in the community they make possible. I am grateful to have found ARCA early in my career. These 43 years have shaped my life in ways I could not have imagined. Staff inspire me. Families teach me. Individuals motivate me to reach higher, knowing when they have the opportunity to succeed our entire community reaps the benefits.

Thank you for the countless ways you nourish each of us. We are grateful.

(505) 332-6825 • [EKaul@ARCASpirit.org](mailto:EKaul@ARCASpirit.org)



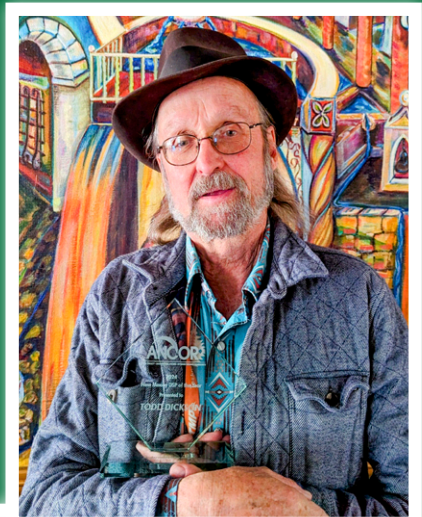
## Todd Dickson DSP of the Year

Todd Dickson was recognized as ANCOR's 2024 New Mexico DSP of the Year.

In 2007, ANCOR launched its esteemed Direct Support Professional of the Year Awards, recognizing excellence in the field of direct support for people with intellectual and developmental disabilities. Thousands of nominations are considered, with one award presented to the outstanding DSP from each state as well as a national recipient.

Todd received his award at ANCOR's annual conference in April. The theme of the conference was "The Power of We," a philosophy Todd exemplifies in his work.

ARCA is proud of the stellar work Todd Dickson does each and every day to encourage successful outcomes for people he supports.



# ARCA Nurses

ARCA nurses care for a diverse group of people, including young, active individuals who only require assistance with some aspects of their daily routine as well as a large population of people who need extensive assistance and medical oversight to help them lead full, rewarding lives. They oversee routine medical care and help manage complex conditions that require careful assessment.

One of the pleasures of being an ARCA nurse is getting to know people we serve and developing a genuine bond.

ARCA nurses serve an important role in assuring quality of care, performing regular assessments and meeting the State's regulatory requirements. There is a lot of paperwork, but when the system works correctly, it helps ensure people are safe and happy.

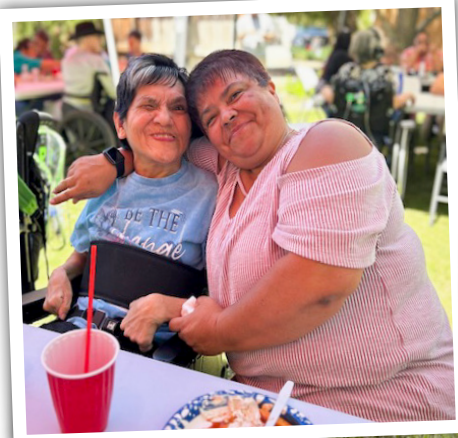
Before I came to ARCA, I worked in hospital and clinical environments and other agencies providing care for people with intellectual and developmental disabilities. Of all the kinds of nursing I've done, I enjoy being an ARCA nurse the most.



Todd Parker • *Director of Nursing Services*

# Summer Shindig

ARCA's Customer Experience Improvement Team (CEIT) hosted a Summer BBQ at the farm. Chuck Hawley's band inspired lots of dancing while Matt and Boyad flipped the very best green chile cheeseburgers in town.





# Geranium Celebration

A crowd gathered early to buy their spring plants this year and what a selection we had! Catching up with friends and neighbors is extra special when we get to visit in the midst of such beauty. Longtime customers say it's because each plant is grown with love. We think they're right.



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# 13<sup>th</sup> Annual Bob Scanlon / Steve Mackie Bowl-a-Thon

Family. Friends. Fun. Laughter. Food. Community.

Thank you for making this year's Bob Scanlon / Steve Mackie Bowl-a-Thon featuring Mayors on Strike a day we'll never forget.

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# Circle of Promise

A planned gift to ARCA may evolve over time to meet the donor's circumstances. Ken and Sue LeVan's Circle of Promise journey began with a planned gift they established in 2014. Ten years later they realized it no longer fit their family's needs.



The LeVan's son, Kevin, has received services from ARCA since 2003 and Sue worked as a nurse in an ARCA Intermediate Care Facility for many years. Their personal experiences made the Levans keenly aware of the importance of trained, caring and consistent direct support staff. To ensure Kevin would have the resources to enjoy the special quality of life experiences they provide him, the Levans established a Donor Pooled Trust to be funded through their estate plan. They named ARCA as the remainder beneficiary of Kevin's Donor Pooled Trust.



In 2020, Ken and Sue let us know they were working with their attorney to update their Will to better reflect their new planned gift intentions. While their circumstances have changed, their desire to support ARCA now, and for as long as there is a need, has remained consistent.

You, too, can join this legacy group by including ARCA in your Will or Estate Plan, knowing your gift, in whatever form, will ensure ARCA continues to do the essential work of providing services and enhancing the lives of people with intellectual, developmental and cognitive disabilities.

*Nadine Mary*

Nadine Mary • ARCA Endowment & Pooled Trust Coordinator  
(505) 313-3514 • [NMary@ARCASpirit.org](mailto:NMary@ARCASpirit.org)

# Leadership Sandoval's Team Pivot

Leadership Sandoval is an educational program committed to enhancing the quality of life in Sandoval County. Each year, a group of talented individuals from all industry sectors come together to improve their knowledge of our community and refine their leadership skills through an intense, ten-month educational experience.



ARCA's farm in Corrales suffered greatly during COVID. Even with the help of volunteers, it was impossible to get in front of the massive landscaping projects. Leadership Sandoval's Team Pivot selected ARCA for their class project, bringing together local expertise and their own determination and hard work to sustainably bring the beauty back to the farm.

Very special thanks to Team Pivot members DeeVonda Batres, Haley McFadden, Robert Hoover, Stephany Moore, Phillip Walck and Brian Sailer and the extraordinary work of Red Shovel Landscaping.



# NeuRoads NM License

NeuRoads Neuro Rehabilitation of New Mexico's Lakeview and Summerwood properties recently received full licensure. This milestone is a testament to our commitment to exceptional care for our participants with an acquired brain injury. Our Summerwood property is already at full capacity, while our Lakeview home is welcoming new residents who are actively participating in our comprehensive neuro rehabilitation programs.



Additionally, NeuRoads NM has significantly expanded access to our services through the strategic partnership of Molina Healthcare. By broadening our network, we are able to provide high quality care for more individuals in need of neuro rehabilitation services.

We are proud of the positive outcomes for our NeuRoads NM participants and grateful for the collaborative efforts of staff, MCOs, program affiliate partners and you in making a profound impact on the neuro rehabilitation landscape in New Mexico.



## Gratitude

When I came to ARCA nearly 17 years ago, I never imagined the journey I was beginning, the places it would take me or the extraordinary people I would meet. I am proud of the work we've done together. Your discerning guidance gave us insights into some pretty extraordinary challenges. You generously supplemented gaps in Medicaid funding to continue essential, but critically under resourced, programs. You strengthened our endowments, helping ensure a strong future. COVID was tough, but you stood by our side with homemade masks, hand sanitizer and even, when the shelves were bare, cases of toilet paper. Your focus has always been to help people receiving ARCA services live meaningful, safe, happy lives. As I step into retirement, I will carry with me these cherished memories alongside heartfelt gratitude for your influence, spirit and compassion. I look forward to hearing about the new and exciting opportunities you will create for children and adults with intellectual, developmental and cognitive disabilities.



Michele M. Cody • Executive Director and Chief Development Officer, ARCA Foundation

### ARCA Board

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Tom Mitchell  
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### Planned Giving Task Force

Nell Graham Sale, CELA  
Nancy Baker  
Madeline Dunn  
S. Carlene Patterson, CFP, ChFC  
Maureen Gannon  
John Attwood  
Robert A. De Pasquale

### Pooled-Trusts

Phil Mayo  
E. DeAnn Eaton, CPA  
Karen Gmyr  
Tom Mitchell  
Christopher Ortiz  
Joey Sanchez




ARCA's mission is working together to open doors for individuals with intellectual, developmental and cognitive disabilities to be valued members of the community.


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**Please consider adding the ARCA Foundation to your will or estate plan.  
Contact Nadine Mary at (505) 332-6805**



# Out and About

Whether it's enjoying a soccer game thanks to French Family of Companies, hiking with favorite pooch Addie, attending a concert or singing the national anthem at the Isotopes game, staff ensure individuals receiving ARCA services enjoy adventures in our community.

